



· LPD ASSOCIATES ·
learn perform develop

Course Outline

Developing Coaching Conversations

The use of coaching within organisations has been shown to rapidly improve both performance and workplace culture. When people are actively engaged in the learning process – as in coaching – they will more quickly and effectively absorb new learning and adopt new habits.

While it takes considerable time and training to become a coach, learning to initiate or participate in coaching conversations is a highly valuable skill in any organisation.

In this workshop, delegates will develop an understanding of core coaching methods and learn how to begin and take part in coaching conversations. Delegates soon realise that these very constructive conversations can be an everyday occurrence that, performed correctly, can be both enlightening and fun!

The session is ideal for leaders who want to encourage empowerment, problem solving, self-belief and development in others. The learning will add structure and clarity to communication and behaviours.

At the end of the workshop, delegates will be able to:

- Explain the difference between coaching, mentoring and training
- Identify how coaching conversations can improve performance and efficiency
- Use positive questioning and listening techniques that get the best from others
- Deal with common challenges, e.g. defensiveness and perceived lack of time.

Delivery designed around you

Our delivery style is fun, interactive and dynamic: we believe that everyone learns more efficiently when they're enjoying themselves! By developing delegates' knowledge and understanding and providing tools and strategies for transferring their learning to the workplace, our workshops quickly increase your people's effectiveness.

Programmes can be tailored to your exact needs and delivered as full or half-day workshops or as separate modules, depending on the outcomes you want to achieve. We also offer follow-up coaching for individuals and teams. It's our mission to give excellent returns on your training investment with real value for money and flexible, friendly delivery.

Interested in developing coaching conversations in your workplace? Contact Lisa or Adrian at LPD.

Call: 07802 791649

Email: office@lpda.co.uk

www.lpda.co.uk